Hi, my name is Ava Kalaitzakis

  I am 10 years old.  I am a professional dancer, gymnast,and cheerleader.  I do competitive dance and I win lots of trophies. One time I won first place which is a big deal to me.  Sometimes when you win first place,  you get a big check of money!   I’ve been dancing since I was 2 years old and performed in various  competitions since I was four and now I'm 10 years old.   This means that I have 8 years total of dancing  6 years of competition. This year,  I am doing a solo, group dance and maybe a duo.  My solo songs are “Look What You Made Me Do”  by Taylor Swift,  then it goes into “Its the Motto” by Ava Max, then “Bang Bang” by Ariana Grande, Jessie J, and Nicki Minaj.  My routine is open studio.  The song "Look What You Made Me Do” is acro, then the “Motto”  is hip hop.  Then the other song is Jazz,  3 songs combined for my solo and 3 different types of dances.  That’s why it's called open studio.  My favorite type of dance is acro.  I AM VERY FLEXIBLE.  People tend to ask me what days I  dance.   That is a great question.  I dance every Monday, Wednesday, Thursday, and Friday, but on the days that I don't dance, I do other sports.  On Tuesday, I do Gymnastics and also on Wednesday. Then on Friday,  it’s  cheerleading then dance immediately after. I made the Cheerleading team which was great, and my cheerleading coach let me be on the Varsity and JV teams. Varsity is advanced  cheerleading so, in varsity, we get to do stunts. One of my classmates, Hms, is also on varsity.  We are not supposed to be on varsity cheerleading but we are really good so we made the team.  Gymnastics is also very fun because it's basically a type of sport that includes physical exercise.  For some people, Gymnastics is hard because it requires balance, strength, flexibility, agility, and spotting, but for me it's easy.  The other day, I had to climb a rope 5 feet or more to get it marked off so basically how it works is there is a bunch of stuff in a booklet  you must complete to level up. Thank you for listening.